David's Journey

We learned something important the day he took his first proud walk alone

BY BETTY MILES
Author of "What Is The World?"

I CAN go to the store by myself," David announced with certainty. David is three and a half. The store was across a road and down a path and around a turn, in a small town to which we had just moved after years in the city. "I can go to the store by myself, and if you needed something I could buy it," David said.

We thought David was right, that he said this because he felt his own sureness and a readiness for new independence. Perhaps it followed logically to him that since we'd allowed him to cross the road by himself (cross and re-cross, proudly) the day before, the crossing should be a means to going somewhere.

So we let him go, with money in his pocket to buy cookies for the family.

David said "Goodbye," but he didn't waste time waving. He walked straight across the road and down the path, and the last we saw of him (standing, ourselves, proud and uncertain against the window) was his small blond head disappearing among the tall grasses that line the path.

Then the turning—and he was beyond our eyes, beyond our knowledge, beyond our help.

Our own sureness faltered as we thought of the dangers in his journey. First, the real physical hazards: a car might speed along the road without seeing his small body; a boy on a bicycle, rushing down the path, might collide with him.

Then, the dangers of fear. Now David's moves were his own. He had to rely on his own strength, his own sureness—and if that should falter? Would David feel lost, would he be lonely? If a kind stranger should think he was lost, would offers of help confuse him? What if he took the wrong turn for home? Could he straighten himself out without feeling panic?

And the hurts to his pride. If David did get to the store, could he reach the kind of cookies he wanted? Would he hold onto his money without losing it? Would the store man treat him with respect? If he fell and broke the bag of cookies, would he feel he had failed?

Ten minutes had passed, so our worries took a new turn. If David *had* become lost or confused, would it hurt his pride to be looked for? If it was necessary to look for him, which of us should go? Perhaps his father should set out as casually as possible to help him? What kind of setback would it be for David to fail on this first important journey? Surely, no matter what the setback, it was necessary to follow him, to check, to help?

No! For we saw a blond head, and then the whole of David, coming sturdily and matter-of-factly along the path, clutching a bag. Full of relief and pride, we moved away from the window, not to shame him with our concern.

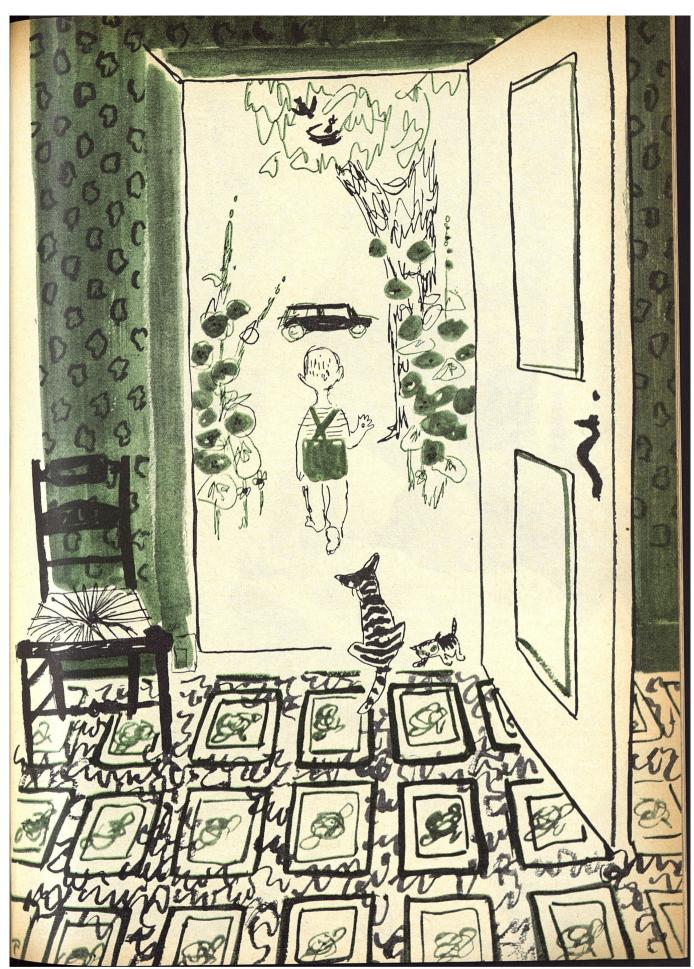
David walked in. "Here," he said, holding out the bag. "The change is in the bottom," he explained. "It's chocolate chip, because we like them."

He gave me the bag and smiled proudly. His father responded as the situation deserved, not with over-praise, not in terms of the larger significance we saw in David's trip. "Thank you, David," said his father. "You did a good job. And I'm glad you got chocolate chip, they're my favorite kind."

I gave David a hug—two hugs. We were very proud of our son and David knew it. He settled down to eat a cookie that was different from all other cookies because he had got it himself.

The cookies tasted special to us, too. They were a small part of the prize we gambled for when we let our son venture out against hazards. Eating the cookies and watching him, we realized how necessary it is to gamble in this way if a child is to become increasingly independent. When the child himself is ready for the gamble, we saw, his parents must be willing to gamble this readiness against all dangers. This is the way to growth, and though it holds dangers, it carries great joy.

That is the story of how David went to the store by himself. It is how (Continued on page 101)



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DAVID'S JOURNEY

(Continued from page 36)

he literally walked away from us and toward a larger world. It is the story of our pride in our growing son. But like all stories of growing, it doesn't end roundly, perfectly. Shortly after his cookie was eaten, David was in tears.

"There was a box of cheese crackers in the store," he said. "Can I go to the store again and get some?"

"No," I said. "Not now. You did a fine job of getting the cookies. But we don't really need any cheese crackers. Besides," I added pointlessly, "it's time for your nap now,

and you must be tired after your trip."
"I am not tired," David said. "I am not!" He began to yell. "I want to get some crackers right now! I don't want a nap! I won't take a nap if you won't let me go to the store!"

He cried while I took off his shirt, while I carried him into bed, while I tucked him in. He settled down. though, as I rubbed his back and talked of his trip and of the many other times we would go to the store-he alone, and the two of us together. In five minutes he was asleep.

WHAT had become of the sturdy David who plodded down the road without turning to wave? For one thing, he had come home a new David, a boy who could take a job upon himself and accomplish it without his mother and father. For another, he had entered a whole new world-where money can be exchanged for many exciting things, and where even a small boy has the power to get what he chooses. What a feeling for David! The solitary trip. the reception at home as a person who has done a useful job. The world had opened up very wide for David, and my refusal to let him go right out into it again must have seemed a sudden closing-in, a sign that he was not really as powerful and as independent as grownups.

I think David needed to know this. For there are many times when he can't be powerful, when he can't quite manage to be strong, when—as at this time—he breaks into tears and behaves like a very small boy.

He is a very small boy. Someone must teach him what we have all learned—that we can't have everything. And if he cries at this, someone must comfort him and hug him and help him to settle into rest.

But David deserves more than this. The difference in him demands a difference in us. We can no longer treat David as a little boy who must hold a grownup's hand whenever he leaves home. We must treat him as a little boy who can go away all by himself sometimes, and with grownups sometimes, and maybe choose sometimes not to go at all. If we can let him go when he seeks to move out, and support and respect him when he stays where he is, David will be strong for the many more journeys he's yet to make into the world.